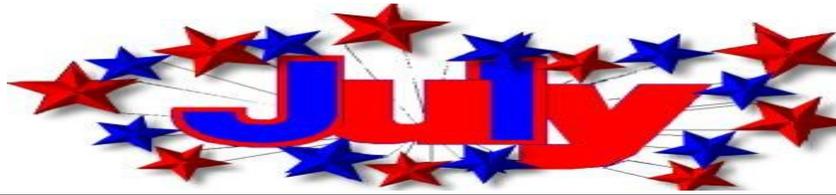


513 NORTH G STREET  
 LOMPOC.CA 93436  
 (805)819-0460 EXT :153



Mon	Tue	Wed	Thu	Fri	Sat
<p>If You are Interested in becoming a member, please call to schedule an orientation.</p>	<p><b>1</b> Center Hours 8-2            9am Walking 4 Wellness            11am Community Mtg            12pm Creative Ventures</p>	<p><b>2</b> Center Hours 8-1            9am Men's Group            10:45 Outreach Nurse            11:45 Anxiety &amp; Depression</p>	<p><b>3</b> Center Hours 8-2            9am Life Recovery            11am Expressive Grounds</p>	<p><b>4</b> Center Hours 8-2            4th of July Get together  </p>	<p><b>5</b> CLOSED</p>
<p><b>7</b> FAMILY SERVICES            Please Contact Jasmine @ (805) 458-5487</p>	<p><b>8</b> Center Hours 8-1  <b>In House Movie day</b></p>	<p><b>9</b> Center Hours 8-1            9am Introverts Gather            10:45 Outreach Nurse            11:45 Anxiety &amp; Depression</p>	<p><b>10</b> Center Hours 8-2            9am Life Recovery            11am Cooking Class</p>	<p><b>11</b> Center Hours 8-2            9am Women's Group            10am What's Eating You            11am NoonTime AA (S.M)</p>	<p><b>12</b> CLOSED</p>
<p><b>14</b> FAMILY SERVICES</p>	<p><b>15</b> Center Hours 8-2            11am Community Mtg            Brown Bag Lunch 12-2            Must RSVP by Friday, July 11th.</p>	<p><b>16</b> Center Hours 8-1            9am Men's Group            10:45 Outreach Nurse            11:45 Anxiety &amp; Depression</p>	<p><b>17</b> Center Hours 8-2            9am Life Recovery            11am Whole Health and Foodbank</p>	<p><b>18</b> Open for Event  <b>Summer BBQ in SLO</b></p>	<p><b>19</b> Open for Event Only            11-3pm Growing Grounds in Santa Maria</p>
<p><b>21</b> FAMILY SERVICES</p>	<p><b>22</b> Center Hours 8-2            9am Creative Ventures            11am Community Mtg with B-Well</p>	<p><b>23</b> Center Hours 8-1            9am Introverts Gather            10:45 Outreach Nurse            11:45 Anxiety &amp; Depression</p>	<p><b>24</b> Center Hours 8-2            9am Life Recovery            11am Expressive Grounds</p>	<p><b>25</b> Center Hours 8-2            9am Women's Group            10am What's Eating You            11am NoonTime NA (S.M)</p>	<p><b>26</b> CLOSED</p>
<p><b>28</b> FAMILY SERVICES</p>	<p><b>29</b> Center Hours 8-2            11am Community Mtg            Brown Bag Lunch 12-2            Must RSVP</p>	<p><b>30</b> Center Hours 8-1            9am Men's Group            10:45 Outreach Nurse            11:45 Anxiety &amp; Depression</p>	<p><b>31</b> Center Hours 8-2            9am Life Recovery            11am Whole Health and Foodbank</p>	<p><b>Breakfast &amp; Coffee Daily Tue-Friday</b></p>	<p>The Center Hours, Groups and Activities are Subject to change            Green: Outdoors            Purple: Groups</p>