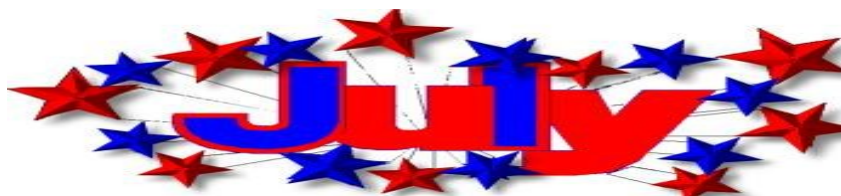



**513 NORTH G STREET
LOMPOC.CA 93436
(805)819-0460 EXT :153**



Mon	Tue	Wed	Thu	Fri	Sat
If You are Interested in becoming a member, please call to schedule an orientation.	1 Center Hours 8-2 gam Walking 4 Wellness 11am Community Mtg 12pm Creative Ventures	2 Center Hours 8-1 gam Men's Group 10:45 Outreach Nurse 11:45 Anxiety & Depression	3 Center Hours 8-2 gam Life Recovery 11am Expressive Grounds	4 Center Hours 8-2 4th of July Get together 	5 CLOSED
7 FAMILY SERVICES Please Contact Jasmine @ (805) 458-5487	8 Center Hours 8-1 In House Movie day	9 Center Hours 8-1 gam Introverts Gather 10:45 Outreach Nurse 11:45 Anxiety & Depression	10 Center Hours 8-2 9am Life Recovery 11am Cooking Class	11 Center Hours 8-2 9am Women's Group 10am What's Eating You 11am NoonTime AA (S.M)	12 CLOSED
14 FAMILY SERVICES	15 Center Hours 8-2 11am Community Mtg Brown Bag Lunch 12-2 Must RSVP by Friday, July 11th.	16 Center Hours 8-1 gam Men's Group 10:45 Outreach Nurse 11:45 Anxiety & Depression	17 Center Hours 8-2 gam Life Recovery 11am Whole Health and Foodbank	18 Open for Event Summer BBQ in SLO	19 Open for Event Only 11-3pm Growing Grounds in Santa Maria
21 FAMILY SERVICES	22 Center Hours 8-2 gam Creative Ventures 11am Community Mtg with B-Well	23 Center Hours 8-1 gam Introverts Gather 10:45 Outreach Nurse 11:45 Anxiety & Depression	24 Center Hours 8-2 gam Life Recovery 11am Expressive Grounds	25 Center Hours 8-2 gam Women's Group 10am What's Eating You 11am NoonTime NA (S.M)	26 CLOSED
28 FAMILY SERVICES	29 Center Hours 8-2 11am Community Mtg Brown Bag Lunch 12-2 Must RSVP	30 Center Hours 8-1 gam Men's Group 10:45 Outreach Nurse 11:45 Anxiety & Depression	31 Center Hours 8-2 gam Life Recovery 11am Whole Health and Foodbank	Breakfast & Coffee Daily Tue-Friday	The Center Hours, Groups and Activities are Subject to change Green: Outdoors Purple: Groups